

APPLE MUG MAT

[Using Candy Apples block from FRUIT SALAD book]

USE CANDY APPLES BLOCK

Make (1) Apple Block with the following changes:

- Cut [g] at $1\frac{1}{4}" \times 4"$ and OMIT [j].

By using these measurements, your Apple block will measure $6\frac{1}{2}" \times 8\frac{3}{4}"$ unfinished.

Add a $\frac{7}{8}" \times 6\frac{1}{2}"$ strip of background fabric to both the top and bottom of the block.

Your block will now measure $6\frac{1}{2}" \times 9\frac{1}{2}"$ unfinished, and will be centered in between two strips of background fabric.

FOR DIAMOND MUG MAT OPTION

Use Modified Apple Block above.

From Assorted Green Fabrics: Cut (3) $3\frac{1}{2}"$ squares [w].

From Background Fabric:

- Cut (12) 2" squares [x], (3) $1" \times 9\frac{1}{2}"$ sashing [y] and (2) $1" \times 11"$ top and bottom [z].

Binding: Cut (2) $2\frac{1}{4}"$ strips of binding fabric.

Backing: Use (1) Fat Quarter.

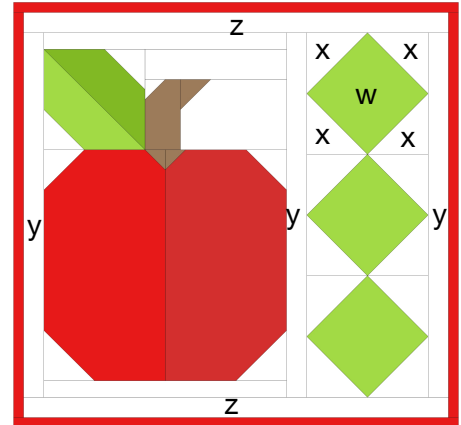
Step 1: Using the [x] squares/[w] squares and the SEW & FLIP method add the [x] to (4) corners of the [w] square. Press out. Make (3) diamond units.

Step 2: Combine (3) diamonds in a column as shown in the diagram. Press seams open.

Step 3: Join the Modified Apple Block and the column of diamonds made above with the (3) [y] sashing strips. Add [z] to the top and bottom.

Mug Mat Top should measure $10\frac{1}{2}" \times 11"$.

Step 4: Quilt as desired. I quilted mine with a crosshatch spaced about $\frac{3}{4}"$ apart and trimmed my Mug Mat to approximately $10" \times 10\frac{1}{2}"$. Bind with $2\frac{1}{4}"$ strips of fabric.



FOP FLYING GEESE MUG MAT OPTION

Use Modified Apple Block above.

From Assorted Green Fabrics: Cut (6) $2" \times 3\frac{1}{2}"$ [w].

From Background Fabric: Cut (12) 2" [x] squares, (3) $1" \times 9\frac{1}{2}"$ sashing [y] and (2) $1" \times 11"$ top and bottom [z].

Binding: Cut (2) $2\frac{1}{4}"$ strips of binding fabric.

Backing: Use (1) Fat Quarter.

Step 1: Using the [x] squares/[w] pieces and the SEW & FLIP method, add [x] to both sides of [w]. Press Out. Make (6) Flying Geese.

Step 2: Combine (6) Flying Geese in a column as shown in the diagram. Press seams open.

Step 3: Join the Modified Apple block and the column of Flying Geese with the [y] sashing. Add [z] to the top and bottom.

Mug Mat Top should measure $10\frac{1}{2}" \times 11"$.

Step 4: Quilt as desired. I quilted mine with a grid pattern about $\frac{3}{4}"$ apart and trimmed my Mug Mat to approximately $10" \times 10\frac{1}{2}"$. Bind with $2\frac{1}{4}"$ strips of fabric.

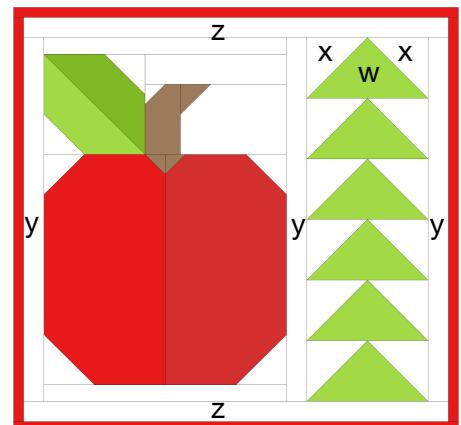


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